RKDF UNIVERSITY

VALUE ADDITION COURSE

ON

PERSONALITY DEVELOPMENT

Organized By:

Faculty of Nursing

RAMKRISHNA DHARMARTH FOUNDATION UNIVERSITY

Gandhi Nagar, Bhopal, Madhya Pradesh, India-462033

Objectives:

At the end of the course, learner will be able to know and understand the aims and outcomes in form of:

1. Define personality

2. Discuss the major component of the following personality development theories;

3. To identify the different aspects of personality.

4. Discuss the different factors that contribute to personality differences.

5. Discuss the reason for developing personality and role of personality in human relations and success.

6. To increase awareness of personal development and mutual understanding, its constituent strands and issues relating to good practice.

7. To discuss the characteristics of a supportive learning environment in relation to personal development and mutual understanding.

SYLLABUS CONTENT

	Theory	Practicals
Unit-1	Define personality. determinants of personality.	Presentation skills
Unit-2	Define perception, explain perceptual process.	
Unit-3	Factors of association- relationship, personality traits, developing effective habits.	Conversation English, build self confidence
Unit-4	Emotional intelligence	-
Unit-5	Motivation , Introspection self – assessment .	-
Unit-6	Self- appraisal & self -development ,Sigmund Freud Id ,ego &super ego.	-

	Theory	Practicals
Unit-7	Theories of personality	
Unit-8	Type of personalities	role plays
Unit-9	Conflict process.	-
Unit-10	-	story narrations, verbs patterns
Unit-11		-
Unit-12	-	mediation
Unit-13	Leadership& qualities of successful leader.	
Unit-14		presentations techniques
Unit-15	-	-
Unit-16	-	-
Unit-17	Self -esteem and maslow.	-
Unit-18	Interpersonal skills.	-
Unit-19		-
Unit-20	-	group discussion, one on one session
Unit-21	Interpersonal relationship, personality- spiritual journey beyond the management of change, good manners& etiquties , effective speech.	-
Unit-22	-	voice modulation
Unit-23	Factors affecting attitude.	-
Unit-24		-
Unit-25		-
Unit-26	Failure, causes of failure ,Hard work and success.	-
Unit-27		-
Unit-28	negative personality ,positive personality	-
Unit-29	-	
Unit-30	Role of nurse	-

GENERAL INFORMATION AND COURSE STRUCTURE

1. Duration of training :30 Days

2. Eligibility Criteria : 10+2

3. Trainees per unit : 25

4. Language : Hindi/ English

5. Level - Certificate

6. Teaching mode: Offline classes, smart classes, videos, field visit, demonstration and PDF notes

MARKING SCHEME

S.No.	Name Of Course/ Group	Name Of Subject	Theory Marks	Practical marks	Total Marks	Max Mark	Min Marks
1	Value Addition Course	Stress management	80	20	100	40	10

COURSE ORGANIZER

Ms. Anie Robin Associate Professor, Faculty of Nursing RKDF University

Ms. Priya bane Assistant Professor Faculty of Nursing, RKDF University

Ms. Rashmi Yadav Nursing Tutor Faculty of Nursing ,RKDF University

Ms. Suchita Lodhi Nursing Tutor Faculty of Nursing RKDF University

TECHNICAL COMMITTEE ORGANIZER

Prof Dr. Mrs. Vandana Raghuwanshi